

**DEVOTIONS TO THE MOST SACRED HEART OF JESUS
FOR FIRST FRIDAY**



LITANY OF THE SACRED HEART OF JESUS

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us, Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God, the Holy Ghost, *have mercy on us.*

Holy Trinity, One God, *have mercy on us.*

Heart of Jesus, Son of the Eternal Father, **have mercy on us.*

Heart of Jesus, formed by the Holy Ghost in the
womb of the Virgin Mother,

Heart of Jesus, substantially united to the Word of God,

Heart of Jesus, of Infinite Majesty,

Heart of Jesus, holy Temple of God,

Heart of Jesus, Tabernacle of the Most High,

Heart of Jesus, House of God and Gate of Heaven,

Heart of Jesus, burning furnace of charity,

Heart of Jesus, abode of justice and love,

Heart of Jesus, full of goodness and love,

Heart of Jesus, abyss of all virtues,

Heart of Jesus, most worthy of all praise,

Heart of Jesus, king and center of all hearts,

Heart of Jesus, in whom are all treasures of wisdom and knowledge,

Heart of Jesus, in whom dwells the fullness of divinity,

Heart of Jesus, in whom the Father was well pleased,

Heart of Jesus, of whose fullness we have all received,

Heart of Jesus, desire of the everlasting hills,

Heart of Jesus, patient and most merciful,

Heart of Jesus, enriching all who invoke Thee,

Heart of Jesus, fountain of life and holiness,

Heart of Jesus, propitiation for our sins,

Heart of Jesus, loaded down with opprobrium,

Heart of Jesus, bruised for our offenses,

Heart of Jesus, obedient unto death,

Heart of Jesus, pierced with a lance,

Heart of Jesus, source of all consolation,

Heart of Jesus, our life and resurrection,

Heart of Jesus, our peace and reconciliation,

Heart of Jesus, victim for sin,

Heart of Jesus, salvation of those who trust in Thee,

Heart of Jesus, hope of those who die in Thee,

Heart of Jesus, delight of all the Saints,

Lamb of God, who takest away the sins of the world,
Spare us, O Lord.

Lamb of God, who takest away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, who takest away the sins of the world,
Have mercy on us.

V. Jesus, meek and humble of Heart.

R. *Make our hearts like unto Thine.*

Let us pray: O almighty and eternal God, look upon the Heart of Thy dearly beloved Son and upon the praise and satisfaction He offers Thee in the name of sinners and for those who seek Thy mercy; be Thou appeased and grant us pardon in the name of the same Jesus Christ, Thy Son, who liveth and reigneth with Thee world without end. Amen.

**CONSECRATION OF THE HUMAN RACE
TO THE SACRED HEART OF JESUS**

Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before Thine altar. We are Thine, and Thine we wish to be; but, to be more surely united with Thee, behold each one of us freely consecrates himself today to Thy most Sacred Heart. Many indeed have never known Thee; many too, despising Thy precepts, have rejected Thee. Have mercy on them all, most merciful Jesus, and draw them to Thy Sacred Heart. Be Thou King, O Lord, not only of the faithful who have never forsaken Thee, but also of the prodigal children who have abandoned Thee; grant that they may

quickly return to their Father's house, lest they die of wretchedness and hunger.

Be Thou King of those who are deceived by erroneous opinions, or whom discord keeps aloof, and call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one Shepherd.

Be Thou King of all those who are still involved in the darkness of idolatry or of Islamism, and refuse not to draw them into the light and kingdom of God. Turn Thine eyes of mercy toward the children of that race, once Thy chosen people. Of old they called down upon themselves the Blood of the Savior; may It now descend upon them a laver of redemption and of life.

Grant, O Lord, to Thy Church assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: "Praise to the divine Heart that wrought our salvation; to It be glory and honor forever." Amen.

ACT OF REPARATION TO THE SACRED HEART OF JESUS

O sweet Jesus, Whose overflowing charity for men is requited by so much forgetfulness, negligence and contempt, behold us prostrate before Thine altar, eager to repair by a special act of homage the cruel indifference and injuries to which Thy loving Heart is everywhere subject.

Mindful alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask Thy pardon and declare our readiness to atone by voluntary expiation not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow Thee, their Shepherd and Leader, or, renouncing the vows of their baptism, have cast off the sweet yoke of Thy Law. We are now resolved to expiate each and every deplorable outrage committed against Thee; we are determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behavior, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violation of Sundays and holidays, and the shocking blasphemies uttered against Thee and Thy Saints. We wish also to make amends for the insults to which Thy priests are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very Sacrament of Thy divine love;

and lastly for the public crimes of nations who resist the rights and teaching authority of the Church which Thou hast founded. Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of Thy divine honor, the satisfaction Thou didst once make to Thine eternal Father on the cross, and which Thou dost continue to renew daily on our altars; we offer it in union with the acts of atonement of Thy Virgin Mother and all the Saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of Thy grace, for all neglect of Thy great love and for the sins we and others have committed in the past.

Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the Gospel, and especially that of charity. We promise to the best of our power to prevent others from offending Thee, and to bring as many as possible to follow Thee.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to Thee, so that we may all one day come to that happy home, where Thou, with the Father and the Holy Ghost livest and reignst God, world without end. Amen.

To Jesus' Heart, all burning with fervent love for men,
my heart with fondest yearning shall rise the joyful strain.

*While ages course along, blest be with loudest song
// the Sacred Heart of Jesus by ev'ry heart and tongue! //*

O Heart, for me on fire with love no man can speak,
my yet untold desire God gives me for thy sake.

First Friday

"The all-powerful love of My Heart will grant to those who shall receive Communion on the First Friday of nine consecutive months the grace of final repentance."

Our Lord to St Margaret Mary, 1675

Requirements:

- * First Friday of each month
- * Holy Communion of reparation
- * Nine consecutive months
- * Confession within eight days