



Our Lady of Sorrows  
Catholic Church

## Evening Prayers

My God, I believe, I adore, I trust and I love thee, and I beg pardon for those who do not believe, do not adore, do not trust, and do not love thee. 3 times.

Hail Mary...O' Mary Conceived without sin, pray for us who have recourse to thee. 3 times

Remember, O most gracious Virgin Mary that never was it known that any one who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired with this confidence, I fly unto thee, O Virgin of virgins, my mother! To thee do I come, before thee I stand, sinful and sorrowful; O Mother of the Word incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Almighty and eternal God, I adore Thee, and I thank Thee for all the benefits I have received this day through Thy infinite goodness and mercy. Give me light to know my faults and grant me grace to be truly sorry for my sins.

### Examination of Conscience.

#### Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve

with the help of thy grace to confess my sins, to do penance, and to amend my life.

Amen.

Visit, we beseech Thee, O Lord, this habitation, and drive far from it all the snares of the enemy: let Thy holy angels dwell herein, to keep us in peace, and May Thy blessing be always upon us.

Through Our Lord Jesus Christ, Thy Son, Who liveth and reignite with Thee, in the unity of the Holy Ghost, one God, world without end. Amen.

Lord, into Thy hands I commend my spirit.